

## Adjust the strap length



## Lengthen the strap

- 1. Pull the upper end of the strap loop to lengthen it
- 2. Pull simultaneously on both ends of the strap loop to fix the length

## **Shorten the strap**

- 3. To tighten the strap, pull at the lower tail end of the strap
- 4. Pull simultaneously on both ends of the strap loop to fix the length