

whole food never tasted **SO GOOD**

•Rich in Organic Ingredients •15 Whole Foods in Every Bar •Trans-fat Free •All Natural & 100% Vegan

ORIGINAL BLEND

Nutrition Fa Serving Size 1 bar (85g) Servings per container 1	cts
Calories 370 Calorie	es from Fat 170
Amount/Serving	%Daily Value
Total Fat 18g	28%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Potassium 170mg	5%
Total Carbohydrate 48	g 16%
Dietary Fiber 6g	26%
Sugars 23g	
Protein 9g	

Omega 3: 640mg per bar Omega 6: 720mg per bar **INGREDIENTS:** oats (organic rolled oats, rolled oats) organic peanut butter, organic brown rice syrup, organic raisins, organic dates, organic raw sunflower seeds, organic raw coconut, carob chips (whole argin malted barley and corn, palm kernel oil, carob powder, soy lecithin), raw cashews, organic rolled rye, raw organic brown flax seed, raw organic brown sesame seed, raw almonds, organic evaporated cane juice. pineapple, papaya, organic soy oil, expeller pressed canola oil, raw brazil nuts, raw pumpkin seed, organic brown crisp rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg, natural orange oil, natural vitamin E

All natural product may contain pit pieces, nutshells and other organic matter

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WHOLE BERRY BLAST

Nutrition Facts Serving Size 1 bar (85g) Servings per container 1	
Calories 370 Calorie	es from Fat 16
Amount/Serving	%Daily Value
Total Fat 18g	28%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Potassium 200mg	6%
Total Carbohydrate 49	g 16%
Dietary Fiber 6g	25%
Sugars 31g	
Protein 8g	

Omega 3: 720mg per bar Omega 6: 1530mg per bar **INGREDIENTS:** oats (organic rolled oats, rolled oats) organic brown rice syrup, organic raisins, organic dates, organic raw sunflower seeds, almond butter, organic cashew butter, organic raw coconut, carob chips (whole grain malted barley and corn, palm kernel oil, carob powder, soy lecithin), raw cashews, organic rolled rye, raw organic brown flax seed, juice sweetened strawberries, juice sweetened blueberries. raw organic brown sesame seed, raw almonds, organic evaporated cane juice, pineapple, papaya, organic soy oil, expeller pressed canola oil, blueberry puree, raw brazil nuts, raw pumpkin seed, organic brown crisp rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg, natural orange oil, natural vitamin É.

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NUTTY BANANA BOOM

Serving Size 1 bar (85g) Servings per container 1	••••
Calories 380 Calorie	es from Fat 1
Amount/Serving	%Daily Value
Total Fat 20g	31%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Potassium 150mg	4%
Total Carbohydrate 47	g 16%
Dietary Fiber 7g	27%
Sugars 21g	
Protein 9g	

Omega 3: 640mg per bar Omega 6: 750mg per bar **INGREDIENTS:** oats (organic rolled oats, rolled oats) organic peanut butter, organic brown rice syrup, organic dates, organic raw sunflower seeds, organic raw coconut, organic banana chips, grain sweetened dark chocolate chips (whole grain malted barley and corn, cocoa powder, soy lecithin, pure natural vanilla), raw cashews, organic rolled rye, raw organic brown flax seed, raw organic brown sesame seed, raw almonds, organic evaporated cane juice, pineapple, papaya, organic soy oil, expeller pressed canola oil, natural banana flavor, raw brazil nuts, raw pumpkin seed, organic brown crisp rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg, natural orange oil, natural vitamin E.

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APPLE CINNAMON CRUNCH

Nutrition Fac Serving Size 1 bar (85g) Servings per container 1	cts
Calories 370 Calorie	s from Fat 170
Amount/Serving	%Daily Value
Total Fat 19g	29%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 90mg	4%
Potassium 130mg	4%
Total Carbohydrate 47g	16%
Dietary Fiber 7g	26%
Sugars 22g	
Protein 9g	
Vitamin A 0% • Vitamin C 0% • Ca *Percent Daily Values are based on	

Omega 3: 650mg per bar Omega 6: 720mg per bar **INGREDIENTS:** oats (organic rolled oats, rolled oats) organic peanut butter, organic brown rice syrup, dried apple pieces, organic dates, organic raw sunflower seeds, organic raw coconut, carob chips (whole argin malted barley and corn, palm kernel oil, carob powder, soy lecithin), raw cashews, organic rolled rye, raw organic brown flax seed, raw organic brown sesame seed, raw almonds, organic evaporated cane juice, pineapple, papaya, organic soy oil, expeller pressed canola oil, natural apple flavor raw brazil nuts, raw pumpkin seed, cinnamon, organic brown crisp rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg, natural orange oil, natural vitamin E

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CRAN-LEMON TWISTER

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Nutrition Fact	ts
Servings per container 1	
Calories 350 Calories f	rom Fat 150
Amount/Serving %I	Daily Value
Total Fat 17g	26%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 35mg	1%
Potassium 180mg	5%
Total Carbohydrate 46g	15%
Dietary Fiber 6g	26%
Sugars 22g	
Protein 8g	
Vitamin A 0% • Vitamin C 0% • Calciu *Percent Daily Values are based on a 2	m 6% • Iron 15%
organic peanut butter, organic bri organic juice sweetened cranberries organic raw sunflower seeds, organ raw cashews, organic rolled rye, raw flax seed, raw organic brown sess almonds, organic evaporated cane j papaya, organic soy oil, expeller pre natural lemon flavor, raw brazil nut seed, organic brown crisp rice (org flour, organic molasses, sea sal), druc, organic molasses, sea sal), hemp seed, apples, epazote leaf, org seed, organic fennel seed, organic organic nutmeg, natural orange oil, n	, organic dates, iic raw coconut, v organic brown ame seed, raw uice, pineapple, sssed canola oil, s, raw pumpkin anic brown rice n flakes (milled ganic oard solids, anic cardamom fenugreek seed,
All natural product may contain nutshells and other organic Certified organic by the stat	matter

КОКА МОКА

Servings per container 1 Calories 360 Calo	ries from Fat 170
Amount/Serving	%Daily Value
Total Fat 18g	28%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 30mg	1%
Potassium 210mg	6%
Total Carbohydrate 4	l6g 15%
Dietary Fiber 6g	26%
Sugars 24g	
Protein 9g	
Vitamin A 0% • Vitamin C 0% *Percent Daily Values are based	Calcium 6% • Iron 159 1 on a 2,000 calorie die
Omega 3: 640mg per bar Or INGREDIENTS: oats (organic organic peanut butter, orga organic raisins, organic dates, seeds, organic raw coconut,	nic brown rice syrup organic raw sunflowe grain sweetened darl
INGREDIENTS: oats (organic organic peanut butter, orga organic raisins, organic dates,	nic brown rice syrup organic raw sunflowe grain sweetened darl nalted barley and com re natural vanilla), rav aw organic brown fla: me seed, raw almond e, pineapple, papay sed canola oil, cococ , raw brazil nuts, rav risp rice (organic brown sea salt), corn flake up), oat bran, organi seed, organic fenugree

SUPERFOOD SLAM

	Nutrition Fac Serving Size 1 bar (85g) Servings per container 1	ts
	Calories 350 Calories	from Fat 150
	Amount/Serving %	Daily Value
	Total Fat 17g	25%
	Saturated Fat 4g	19%
	Trans Fat 0g	
	Cholesterol Omg	0%
	Sodium 30mg	1%
	Potassium 150mg	4%
	Total Carbohydrate 46g	15%
	Dietary Fiber 6g	26%
	Sugars 30g	
	Protein 9g	
	Vitamin A 10% • Vitamin C 6% • Calc *Percent Daily Values are based on a	ium 8% • Iron 15% 2,000 calorie diet.
date: barle vanil orga raw, (orga and o raw sesa brazi brow corn, appl seed	ut butter, organic brown rice syrup, c ;, grain sweetened dark chocolate chi y & corn, unsweetened coca, say la), organic raw sunflower seeds, nic rolled rye, Superfood Blend (shelled hemp seed, Amazing Gra unic wheat grass, organic barley gr organic alfalfa powders), Sambazo organic brown flax seed, raw cashev me seed, organic evaporated cane ju nic soy oil, expeller pressed canola oi l nuts, raw pumpkin seed, organic br harty, organic malasses, sea su barley malt syrup), almonds, oat b es, epazote leaf, organic cardamon , organic fenugreek seed, organic m atural vitamin E	ps (whole grain malted lecithin, pure natural organic raw coconut, Manitoba Harvest ss super-greens blend ass, organic oat grass m organic acai powder), ws, raw organic brown ice, pineapple, papaya, I, taspberry puree, raw own crisp rice (organic alt), corn flakes (milled ana, organic oat solids, 1 seed, organic fennel
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CHERRY PRETZEL

Nutrition Fa Serving Size 1 bar (85g) Servings per container 1	cts
Calories 380 Calorie	s from Fat 170
Amount/Serving	%Daily Value
Total Fat 19g	29%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 420mg	18%
Total Carbohydrate 45	5g 15%
Dietary Fiber 6g	24%
Sugars 21g	
Protein 10g	
Vitamin A 0% • Vitamin C 0% • C *Percent Daily Values are based on	

INGREDIENTS: organic brown rice syrup, organic peanut butter, organic oats, organic pretzels (organic unbleached wheat flour, water, organic expeller pressed canola oil, malt, yeast, salt, baking soda). organic dates, raw organic sunflower seeds, dried cherries, raw organic coconut, unsweetened dark chocolate (cacao, cacao butter), organic rye, raw organic flax seed, organic sesame seeds, organic raisins, raw almonds, raw cashews, organic barley malt syrup, organic evaporated cane juice, organic soybean oil, organic expeller pressed canola oil, sea salt, organic crisp brown rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), organic palm oil. oat bran, natural flavor, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmea, citric acid

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SESAME GOJI

Nutrition Facts Serving Size 1 bar (85g) Servings per container 1 Calories 400 Calories from Fat 210 Amount/Serving %Daily Value Total Fat 24g 37% Saturated Fat 5g 25% Trans Fat 0g Cholesterol 0mg 0% Sodium 360mg 15% Total Carbohydrate 39g 13% 28% Dietary Fiber 7g Sugars 18g Protein 12g Vitamin A 8% • Vitamin C 15% • Calcium 15% • Iron 25% *Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: organic brown rice syrup, organic sesame seeds, organic peanut butter, organic oats. organic dates, organic goji berries, raw organic sunflower seeds, sesame sticks (unbleached wheat flour, expeller pressed sovbean oil, sesame seeds. bulgar wheat, salt, beet powder, turmeric), raw organic coconut, roasted pumpkin seeds, organic rye, raw organic flax seed, organic raisins, raw almonds, raw cashews, organic barley malt syrup, organic evaporated cane juice, organic soybean oil, organic expeller pressed canola oil, sea salt, organic crisp brown rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), organic palm oil, oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg

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COCOA	PISTACHIO
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Calories 400 Calo	ories from Fat 2
Amount/Serving	%Daily Value
Total Fat 25g	38%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate	39g 13 %
Dietary Fiber 7g	28%
Sugars 18g	

INGREDIENTS: organic peanuts (peanut butter & whole peanuts), organic brown rice syrup, organic oats, organic raw sunflower seeds, organic dates, organic raw coconut, unsweetened dark chocolate (cacao, cacao butter), roasted pistachios, raw organic flax seed, organic raisins, raw organic sesame seeds, organic rolled rye, raw cashews, raw almonds, organic barley malt syrup, raw organic cacao nibs, organic evaporated cane juice, organic soybean oil, organic expeller pressed canola oil, sea salt, organic crisp brown rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), organic palm oil, oat bran, natural flavor, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmea

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MAPLE PECAN

Calories from Fat 200

%Daily Value

34%

25%

0%

8%

15%

24%

Nutrition Facts

Serving Size 1 bar (85g) Servings per container 1

Saturated Fat 5g

Trans Fat 0g

Sodium 200mg

Cholesterol 0mg

Dietary Fiber 6g

Sugars 20g

Protein 9q

Total Carbohydrate 44g

Vitamin A 0% • Vitamin C 0% • Calcium 6% • Iron 15% *Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: organic brown rice syrup, oats

(organic rolled oats, rolled oats), organic peanut

butter, pecans, organic raisins, organic dates,

organic sunflower seeds, organic raw coconut,

unsweetened dark chocolate (cacao, cacao butter).

raw cashews, organic rolled rye, raw organic flax

seed, raw organic sesame seed, raw almonds, organic

evaporated cane juice, pineapple, papaya, organic

soybean oil, expeller pressed canola oil, raw brazil

nuts, raw pumpkin seed, sea salt, organic crisp

brown rice (organic brown rice flour, organic

molasses, sea salt), corn flakes (milled corn, barley

malt syrup), organic palm oil, oat bran, natural

flavor, organic oat solids, hemp seed, apples.

epazote leaf, organic cardamom seed, organic

fennel seed, organic fenugreek seed, organic

nutmeg, natural orange oil, natural vitamin e

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Calories 400

Amount/Serving

Total Fat 22g

KETTLE CORN

Calories 400 Ca	r 1 ories from Fat 1
Amount/Serving	%Daily Value
Total Fat 21g	32%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrat	e 45g 15%
Dietary Fiber 6g	24%
Sugars 20g	

INGREDIENTS: organic brown rice syrup, organic peanut butter, toasted corn, organic oats, organic dates, raw organic sunflower seeds, raw organic coconut, unsweetened dark chocolate (cacao, cacao butter), organic rye, raw organic flax seed, organic sesame seeds, organic raisins, raw almonds, raw cashews, organic barley malt syrup, organic evaporated cane juice, organic soybean oil, organic expeller pressed canola oil, vanilla powder, sea salt, organic crisp brown rice (organic brown rice flour, organic molasses, sea salt), corn flakes (milled corn, barley malt syrup), organic palm oil, oat bran, organic oat solids, hemp seed, apples, epazote leaf, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeq

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