



# Emergency Preparedness Kit Checklist

Your basic home emergency kit should have enough supplies for 10 to 14 days.



## Food & Water

- Water containers and/or water treatment supplies (*1 gallon per person per day*)
- Dehydrated food, energy bars, canned food (*and can opener*)
- Pots, pans, plates, cups and utensils
- Camping stove and fuel
- Lighter
- Fire extinguisher
- Plastic sheeting, work gloves and duct tape
- 1 sleeping bag or warm blanket per person
- Sturdy, comfortable walking shoes
- Warm clothing layers
- Rain jacket and pants
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## First Aid & Sanitation

- First-aid kit or supplies
- Prescription meds and medical items (*like glasses or contacts*)
- Moist towelettes, hand sanitizer, waste bags and menstrual products
- Towels
- Household liquid bleach (*no colors or additives*) for disinfecting or water treatment
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## Communication & Lighting

- Headlamp or flashlight
- Whistle to signal for help
- Battery-powered or handcrank radio (*for news and weather alerts*)
- Cellphones and chargers
- Two-way radios (*for short-range, phone-free communication*)
- Extra batteries for all electronics
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## Kit Storage

- Plastic tub for a home kit
- Daypack for a personal kit



## Evacuation & Documentation

- Extra set of home and car keys
- Local maps
- Cash (*in small bills because businesses might not be able to make change*)
- A copy of your emergency plan
- Copies of important documents (*Rx list, medical history, deed/lease to home, passports, birth certificates, insurance policies, etc.*)
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## Kids, Pets & Entertainment

- Infant formula and bottles
- Diapers
- Pet food, ID, meds & supplies; extra water for your pet
- Paper and pencil
- Books, games, puzzles, including those for children
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