

Canoe Multiday Touring Checklist

Planning a paddle-camping vacation by canoe? Our comprehensive checklist includes required and optional gear, clothing, accessories and more. Note: This list is intentionally extensive; not every paddler will bring every item on every outing.

Ol Canoe Basics		Camping Basics
□ Canoe	☐ Spray covers	☐ Tent, tarp or bivy sack
□ Paddle (1 per paddler)	☐ Weather/VHF radio	☐ Sleeping bag
□ Extra paddle	☐ Signaling devices (whistle,	☐ Sleeping pad
☐ Personal flotation device (1	mirror, flares)	☐ Meals and snacks
per paddler)	☐ Float bags	☐ Cooler (with ice)
□ Extra PFD	☐ Emergency floating throw line	☐ Stove and fuel
☐ Seat	(w/throw bag)	☐ Cookset and utensils
☐ Knee pads	☐ Bailer or bilge pump	☐ Dishes, bowls and cups
☐ Yoke (with pads)	☐ Sponges	☐ Insect repellent (plus headnet,
☐ Dry bags (for gear organization)		if needed)
		☐ Toilet paper and
© Core Gear		sanitation trowel
— Core Gear		☐ Hand sanitizer
☐ Maps and charts in	☐ First-aid supplies (see our First-	☐ Camera
waterproof case	Aid Checklist)	☐ Binoculars
□ Compass	☐ Sunglasses	☐ Packable lantern
□ GPS	☐ Sunscreen	☐ Credit card; small
☐ Matches/lighter/fire starter in	☐ Lip balm	amount of cash
waterproof container	☐ Water bottles (filled)	☐ Trip itinerary (1 left w/friend + 1
☐ Knife or multi-tool	☐ Water treatment method	under car seat)
☐ Two-way radios	☐ Backup water treatment (e.g.,	-
☐ Cellphone in protective bag	halogens)	
☐ Multifunction watch	☐ Energy food (bars, gels, trail mix)	o
☐ Headlamp or flashlight (with	☐ Beverages or powdered drinks	-
extra batteries)		П



Clothing

☐ Dry suit or top	☐ Swimsuit	☐ Sealant
☐ Paddling gloves or pogies	\square Shorts or convertible pants	☐ Bailing wire (copper, small roll)
☐ Neoprene footwear	☐ Sun-shielding shirt (long sleeves)	□ Nylon cord or bungee cords
☐ Sandals	and pants	□ Putty
☐ Helmet	☐ Spray jacket or rainwear (jacket	☐ Replacement nuts/bolts
☐ Sun-shielding hat	and pants)	☐ Repair/duct tape
☐ Hat or cap retainer	☐ Synthetic vest or jacket (for	
☐ Skullcap	insulation)	
☐ Bandana or neck gaiter	☐ Synthetic pants (for insulation)	
☐ Wool/synthetic cap or balaclava	☐ Synthetic gloves or mittens	
☐ Moisture-wicking T-shirt		
☐ Moisture-wicking underwear		
□ Rashguard		

Tools & Repairs